Annie Sullivan and the Trials of Helen Keller

By Joseph Lambert

Blindfold

Various color markers

Cup

Mug

Doll

Leaf

twig

Container with water

Container with flour

Container with sugar

box

Have students read the book. Discuss what Annie needed to do to teach Helen words. Give examples of how Annie did this. Explain how you knew Helen understood the words and concepts.

Pick a student to be blindfolded. Allow another student to pick something from the box.

If it is a marker they must explain to the blindfolded student what the color is without saying what it is. If it is an item, have the blindfolded student feel the item and if they do not know what it is, the other student will describe what it is.

After each student has experienced being blindfolded have them write a reflection on how they felt. Compare their experience with Helen’s